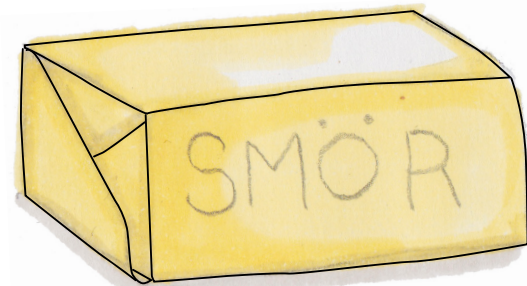
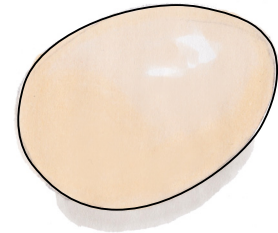
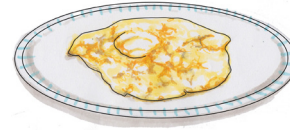
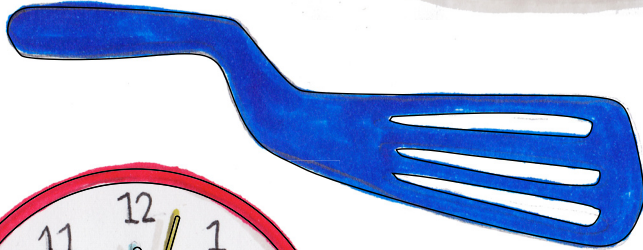
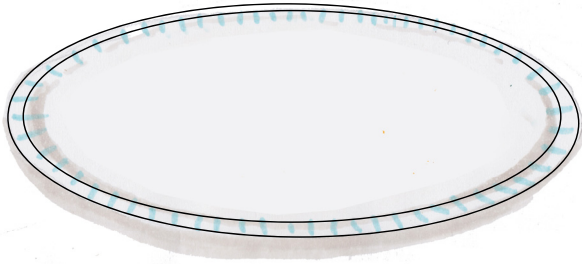
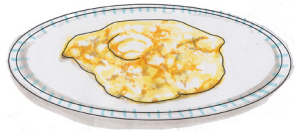


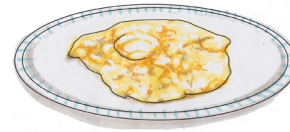
**Steka ägg**



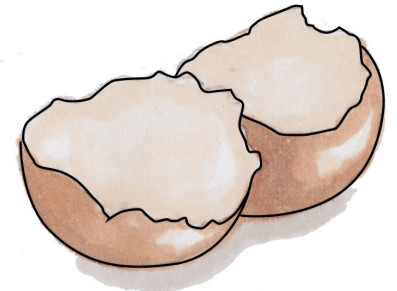
**Ingredienser**



**Redskap**

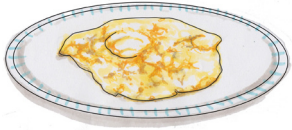


**1**



**KNÄCK 1 ägg i ett glas.**

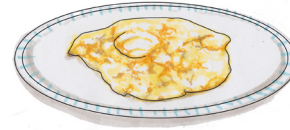




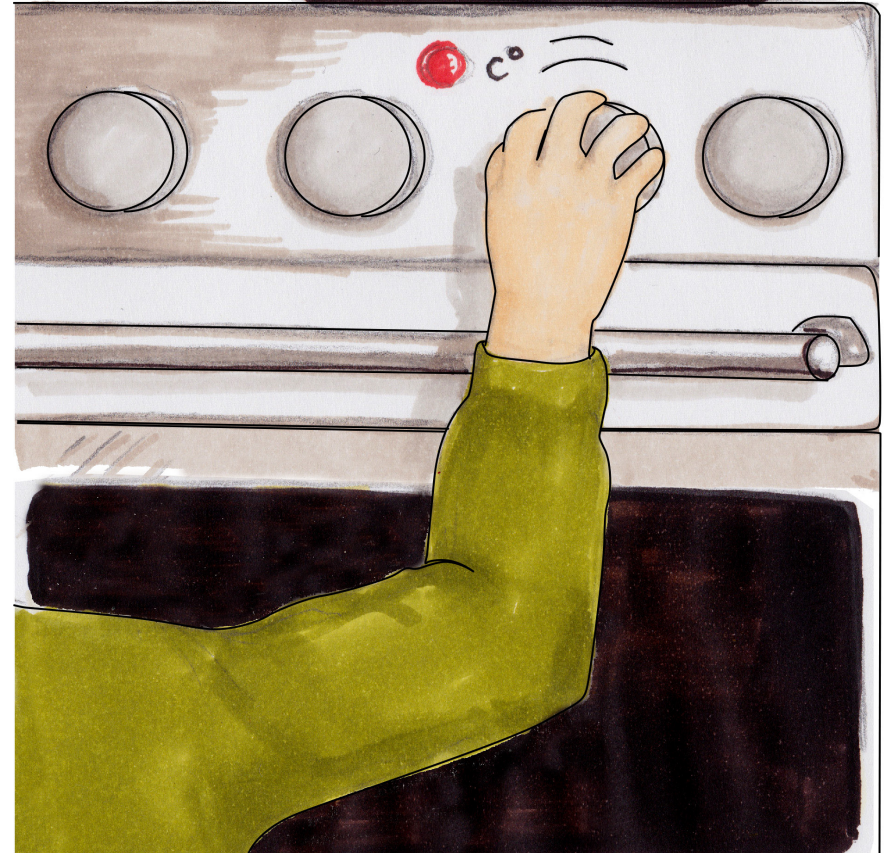
2



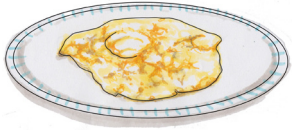
**LÄGG** 1 matsked  
matfett i en stekpanna.



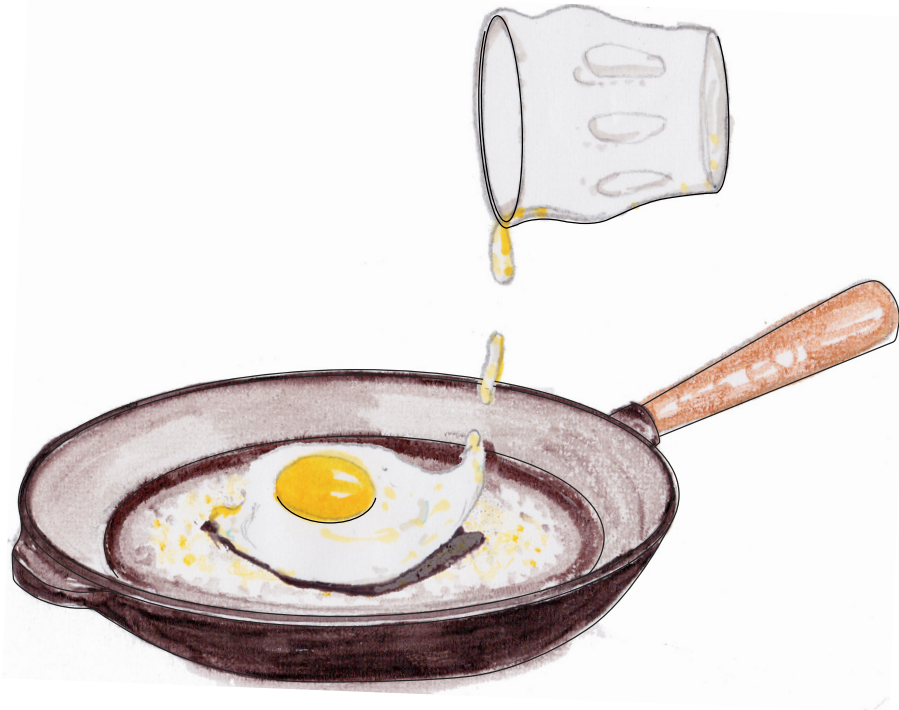
3



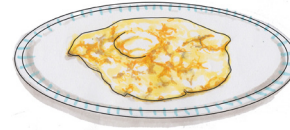
**STÄLL** stekpannan på  
spisen och **SÄTT PÅ** plattan.



4



**HÄLL** ägget i stekpannan  
när matfettet har smält.

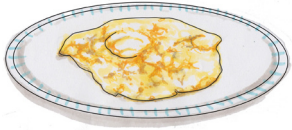


5



**VÄNTA** i 2 minuter.

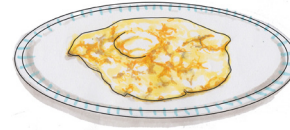




6



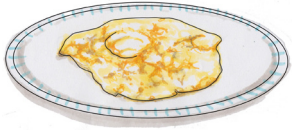
**VÄND** ägget.  
**VÄNTA** i 2 minuter.



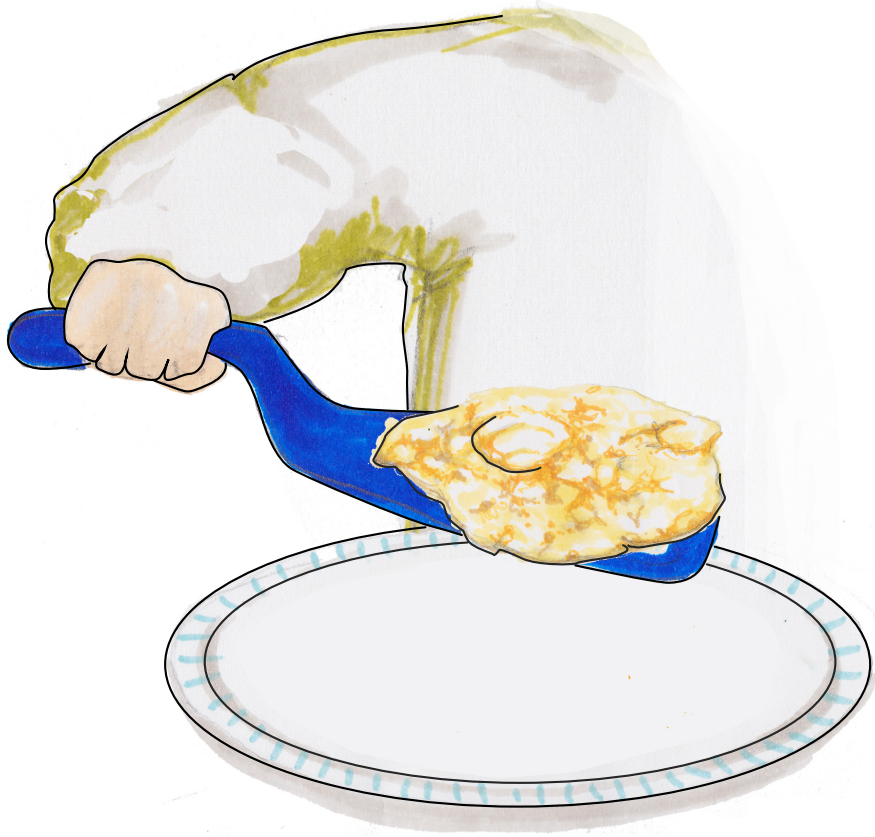
7



**STÄNG AV** spisen.



8



**SERVERA ägget på en tallrik.**