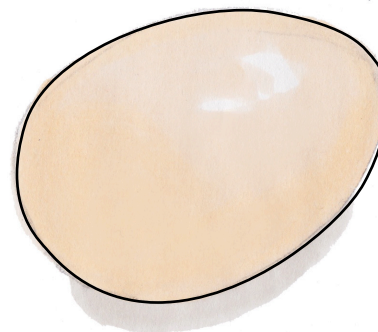
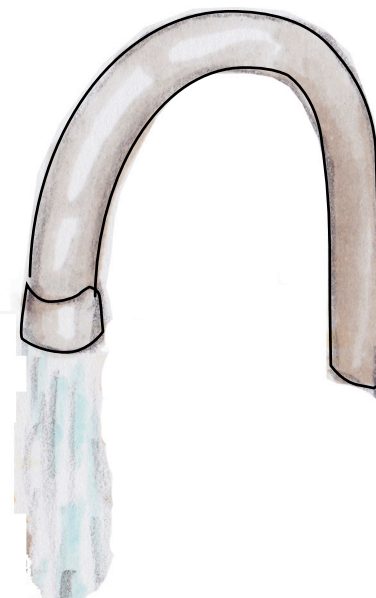
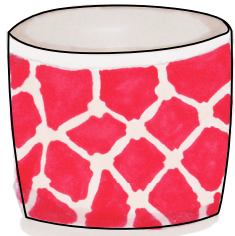
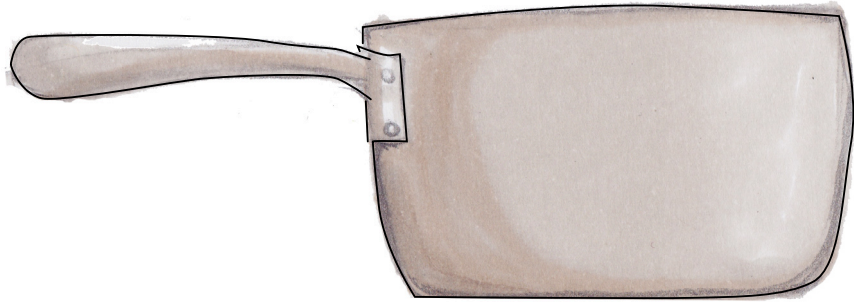
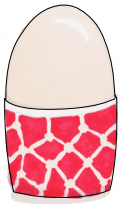


Koka ägg



Ingredienser



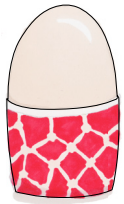
Redskap



1



**LÄGG 1 ägg i en kastrull.
HÄLL i vatten så att ägget täcks.**



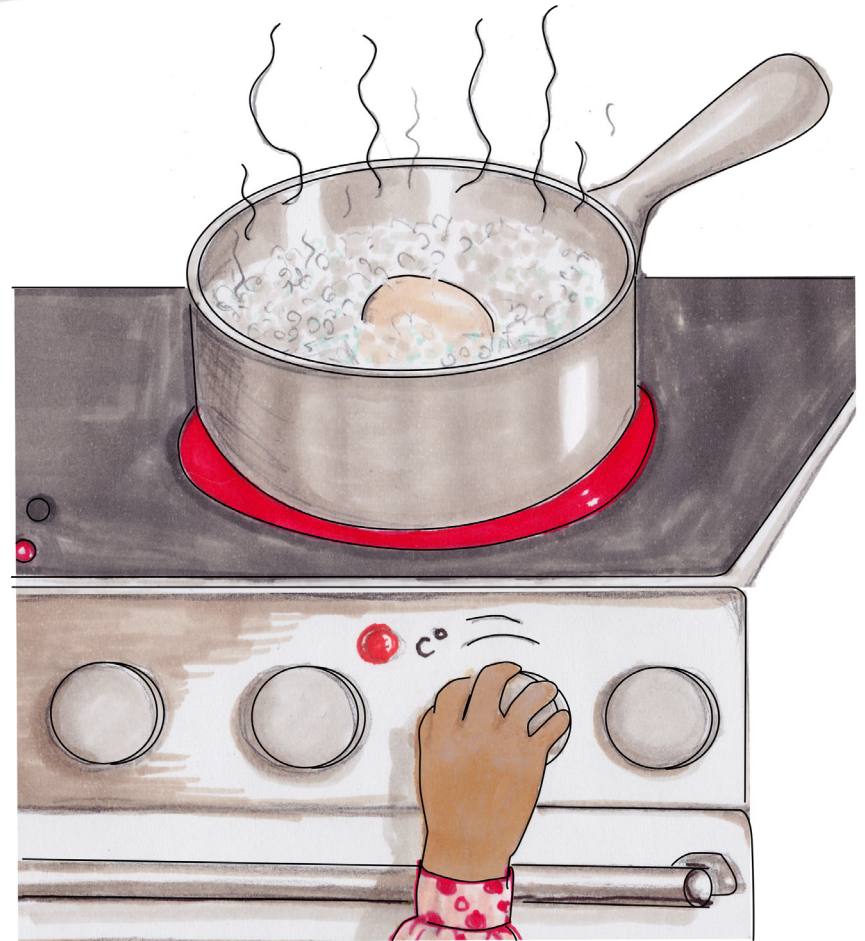
2



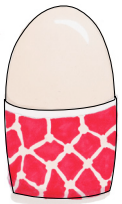
SÄTT PÅ spisen
på högsta värmen.



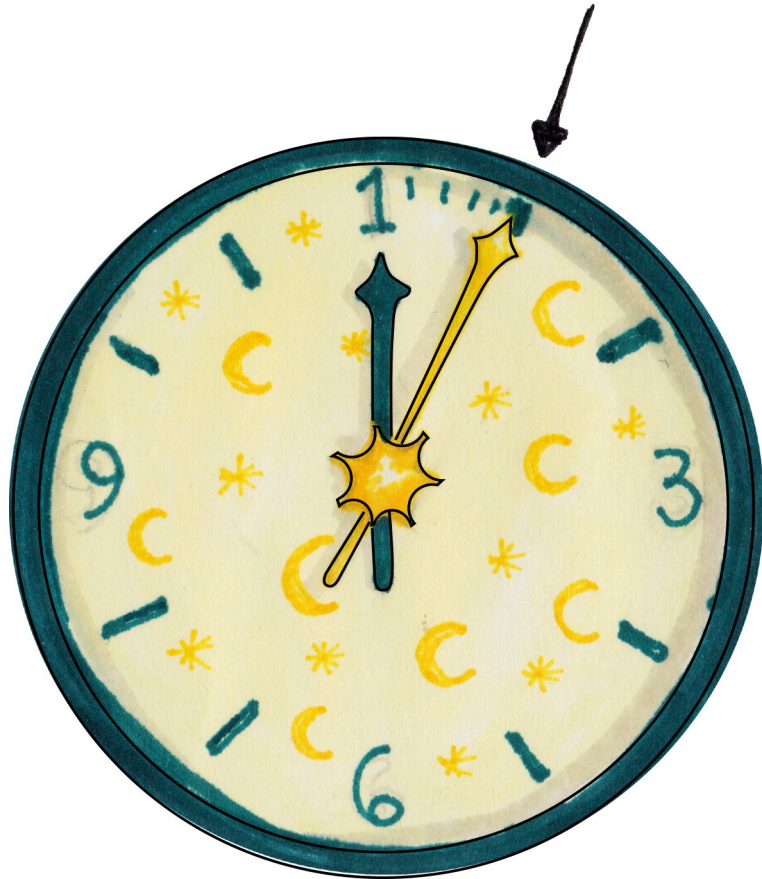
3



SÄNK värmen när vattnet kokar.



4



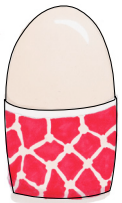
KOKA ägget i 5-7 minuter.



5



STÄNG AV spisen.



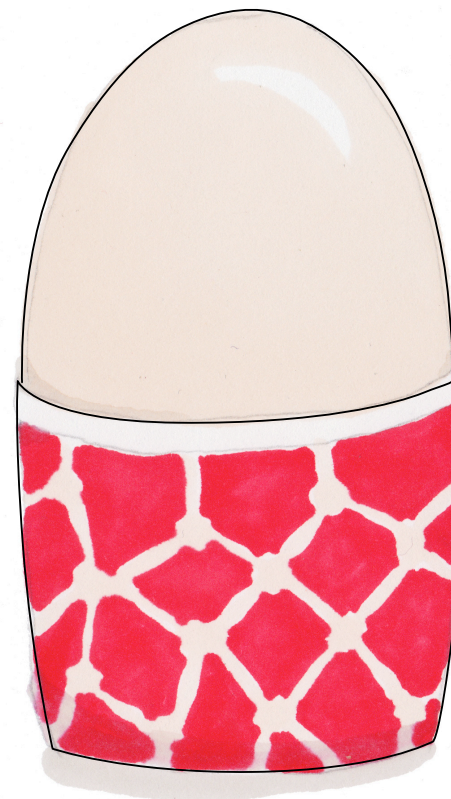
6



SPOLA ägget i kallt vatten.



7



SERVERA i en äggkopp.